

Name: T. C. Date 27/09/10

Nature of Addiction: HEROIN

Usage per day: 1.5 grams

Cost per day: £50-£60

How long have you been using drugs: 1 1/2 months years

Which detox treatments have you attended before: COLD TURKEY

Please answer the following questions using the following scale.

1. Very Poor 2. Poor 3. Satisfactory 4. Good 5. Very Good 6. Excellent

PRE-TREATMENT COMMENTS

- | | |
|-------------------------------------|----------|
| 1. Physically, how do you feel: | <u>2</u> |
| 2. Mentally, how do you feel: | <u>2</u> |
| 3. How well do you sleep: | <u>2</u> |
| 4. How well do you eat: | <u>1</u> |
| 5. How positive do you feel: | <u>2</u> |
| 6. How tired do you feel: | <u>2</u> |
| 7. How healthy do you feel: | <u>2</u> |
| 8. How do you feel about the future | <u>2</u> |

Additional Comments:

Sleep pattern very poor and eating one meal per day. Tired and run down. Stay indoors a lot and very depressed. Using heroin just for the sake of it as a time pass when really not needed at times.

Signed: [Signature] Date: 27/09/10